



Costco Healthy Snack Bar Ideas



Snacks

Dole Fruit Bowls
 Dole Fruit –N-Gel Bowls
 Yoplait Go-Gurt
 David's Sunflower Seeds
 Dannon D'animals Drinkable Yogurt
 Hunts Pudding Snack Pack
 TCBY Sorbet Swirl Bars
 Healthy Choice Sorbet & Cream Bars
 Healthy Choice Low Fat Fudge Bars
 Quaker Chewy Granola Bar Multi-Pack
 Quaker Chewy Granola Bar w/Candy Pieces
 Nature Valley Granola Bars
 Corn Nuts Variety Pack
 Kellogg's Rice Krispy Treats
 Orville Redenbacher's Light Butter Popcorn
 Nabisco Barnum's Animal Crackers
 Laguna ABC123 Cookies
 Power Bar Variety Pack
 Power Bar Harvest Variety Pack
 Pacific Gold Variety Pack Beef Jerky
 Seneca Apple Chips
 Café Valley Cinna Twist
 Super Pretzel



Entrées

El Monterey Chicken & Cheese Taquitos
 Lean Pockets Meatball with Mozzarella
 Don Miguel Chicken/Beef Flautas
 Salsa
 Boardwalk Pizza Bagels
 Ore Ida Bagel Bites
 Pierre Flame Broiled Chicken Sandwich
 Golden Crust Three Cheese Bread Sticks
 Starkist Tuna Lunch Kit
 Don Miguel Lean Ole Burritos Variety



Breakfast

The Bagel Brothers Energy Bars
 Milton's Healthy Multi-Grain Bagels
 Hawaiian Sweet Bread Gourmet Bagels
 Kellogg's Eggo Homestyle Waffles
 Morning Star Veggie Breakfast Patties
 General Mills Milk and Cereal Bars



***Don't forget Fruits & Vegetables are the perfect fast food treat.**





Healthy Fundraising



Product	Retail Price Per Serving	Suggested Sales Price
Dole Fruit Bowls	\$0.44	\$0.75
Dole Fruit-N-Gel Bowls	\$0.35	\$0.75
Yoplait Go-Gurt	\$0.23	\$0.50
David's Sunflower Seeds	\$0.29	\$0.50
Dannon D'animal Drinkable Yogurt	\$0.36	\$0.75
Hunts Pudding Snack Pack	\$0.21	\$0.50
TCBY Sorbet Swirl Bars	\$0.40	\$1.00
Healthy Choice Sorbet & Cream Bars	\$0.60	\$1.50
Healthy Choice Low Fat Cram Bars	\$0.60	\$1.50
Quaker Chewy Granola Bar Multi-Pack	\$0.15	\$0.50
Quaker Chewy Granola Bar w/Candy Pieces	\$0.23	\$0.50
Nature Valley Granola Bars	\$0.22	\$0.50
Corn Nuts Variety Pack	\$0.33	\$0.75
Kellogg's Rice Krispy Treats	\$0.20	\$0.50
Orville Redenbacher's Light Butter Popcorn	\$0.33	\$0.75
Nabisco Barnum's Animal Crackers	\$0.60	\$1.50
Laguna ABC123 Cookies	\$0.08	\$0.25
Power Bar Variety Pack	\$0.83	\$1.50
Power Bar Harvest Variety Pack	\$0.86	\$1.50

Product	Price Per Serving	Suggested Sales Price
Pacific Gold Variety Pack Beef Jerky	\$0.75	\$1.50
Seneca Apple Chips	\$0.41	\$1.00
Café Valley Cinna twist	\$0.17	\$0.50
El Monterey Chicken & Cheese Taquitos	\$0.75	\$2.00
Lean Pockets Meatball with Mozzarella	\$0.81	\$2.00
Don Miguel Chicken/Beef Flautas	\$0.80	\$2.00
Salsa	\$0.09	\$0.25
Boardwalk Pizza Bagels	\$0.41	\$1.00
Ore Ida Bagel Bites	\$0.82	\$2.00
Pierre Flame Broiled Chicken Sandwich	\$0.82	\$2.00
Golden Crust Three Cheese Bread Sticks	\$0.15	\$0.50
Super Pretzel	\$0.29	\$0.75
Starkist Tuna Lunch Kit	\$1.55	\$3.00
Don Miguel Lean Ole Burritos Variety	\$0.85	\$2.00
The Bagel Brothers Energy Bars	\$0.11	\$0.50
Milton's Healthy Multi-Grain Bagels	\$0.31	\$0.75
Hawaiian Sweet Bread Gourmet Bagels	\$0.37	\$0.75
Kellogg's Eggo Homestyle Waffles	\$0.23	\$0.50
Morning Star Veggie Breakfast Patties	\$0.36	\$0.50
General Mills Milk and Cereal Bars	\$0.38	\$0.75

Food items were chosen using California SB19 – The Pupil Nutrition, Health, and Achievement Act of 2001. A summary of SB19 is available at:
http://www.publichealthadvocacy.org/legislation/legislation_pdfs/SB_19_Summary.pdf

*Stock and prices may vary.



For more information about healthy choices, please call 1-909-387-6320. A message from the Nutrition Program, Department of Public Health, Human Services System, County of San Bernardino and the California Department of Health Services; principal funding provided by the U.S. Department of Agriculture's Food Stamp Program, an equal opportunity provider and employer, helping limited income Californians buy more nutritious foods for a healthier diet. For more information about Food Stamps, please call 1-800-952-5253.